

# INTRODUCING OF PALMYRAH SWEET SAP

Palmyrah Sweet sap is a delightful and healthier natural sweet drink collected from Palmyrah inflorescence. It is used as a drink in warm weather. It is a chemical free drink without sugar addition.



## Nutrition information

Average quantity per 100g

|                       |                 |
|-----------------------|-----------------|
| <b>Total sugar</b>    | <b>11.9 g</b>   |
| <b>Reducing sugar</b> | <b>1.4 g</b>    |
| <b>Protein</b>        | <b>318 mg</b>   |
| <b>Fat</b>            | <b>204 mg</b>   |
| <b>Calcium</b>        | <b>24.41 mg</b> |
| <b>Iron</b>           | <b>2.69 mg</b>  |
| <b>Phosphorous</b>    | <b>85 mg</b>    |
| <b>Vitamin C</b>      | <b>5.96 mg</b>  |