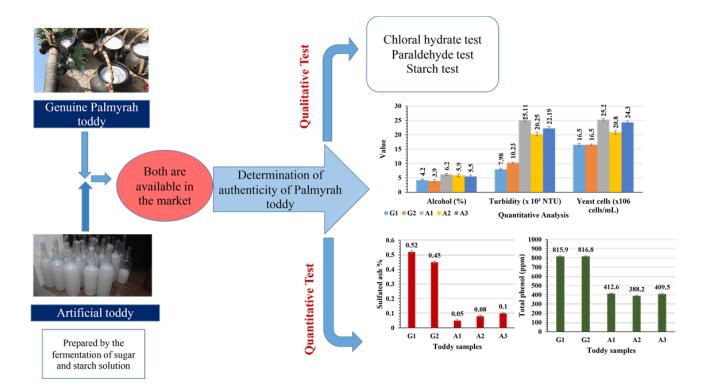
# RESEARCH ARTICLE

# Determination of authenticity of Palmyrah toddy using chemical tests

## T. Glanista\*, J. Prabagar, T. Suganja and S. Srivijeindran



## Highlights

- Present study focuses on identify the authenticity of Palmyrah toddy by chemical tests.
- There are some artificial toddy varieties available in the local market.
- About 50% lower total phenol content is in artificial toddy than in genuine toddy.
- Sulfated ash content of genuine toddy is higher than that of artificial toddy.
- Qualitative and quantitative tests could be used to identify authentic toddy.

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# Determination of authenticity of Palmyrah toddy using chemical tests

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Abstract: Palmyrah toddy is one of the alcoholic drinks prepared by the fermentation of sweet sap of Palmyrah tree (Borassus flabellifer). There are, however, some adulterated toddy samples available in the local market. This study was focused to identify the authenticity of Palmyrah toddy using chemical tests. Chloral hydrate and starch were only present in artificial toddy samples and they had higher alcohol contents (5.5 - 6.2 % v/v), turbidity (2025-2511 NTU) and yeast count (20.8 x 10<sup>6</sup> - 25.2 x 10<sup>6</sup> cells/ mL) than the genuine toddy samples (3.9- 4.2 % v/v), (798 - 1023 NTU) and (15.9 x  $10^6$  - 16.5 x  $10^6$  cells/mL) respectively, while there is no significant difference between genuine and artificial toddy in °Brix, acidity and conductivity. Results reveal that the total phenol content of genuine toddy samples were in the range of 815.9-861.8 ppm while artificial toddy samples were 388.2-412.6 ppm. Nearly 50% lower total phenol content in artificial toddy than in genuine toddy. Sulfated ash contents of genuine toddy samples were found to be in the range of 0.45 to 0.52 g/100 mL and artificial toddy showed higher range from 0.05 to 0.10 g/100 mL compared to genuine toddy. This study reveals that total phenol content, sulfated ash and qualitative tests are the most reliable to distinguish artificial toddy samples.

*Keywords:* Genuine toddy; artificial toddy; sulfated ash; total phenol; fermentation.

## INTRODUCTION

Palmyrah (Borassus flabellifer) palm is a valuable economic plant which is mainly distributed in Northern and Eastern provinces of Sri Lanka (Jansz et al., 2002). A Significant number of families are directly or indirectly employed in Palmyrah based industries. Palmyrah toddy is a sweetish, milky white traditional mild alcoholic drink prepared by the fermentation of sap from young inflorescence of tropical male and female plants belonging to Palmae family (Borassus flabellifer) ( Theivendirarajah., 2008). The spadices of male and female Palmyrah plants appear and flowering occur from early January to late July. The male plant flowers in January and matures in two months, while the female plant starts flowering in early March .The inflorescences of matured palms are tapped and the sweet sap is collected into clean opened earthen pots. The Palmyrah sweet sap contains sugars 10-16 % (w/v), vitamins and minerals creating a good culture medium for the growth of microorganisms in the atmosphere. (Theivendirarajah et al., 1987; Ezeagu et al., 2003). Yeast and bacteria (Bacillus

B.sphericus, B.firmus) are the commonly found cereus. microbes in the sweet sap that convert sugars into ethyl alcohol and carbon dioxide during the natural fermentation. As time passes, ethanol content of toddy decreases further as it is converted to acetic acid by these microorganisms (Theivendirarajah & Chrystopher, 1986). Thus, Palmyrah toddy has become a very important resource in the North-East part of Sri Lanka among other traditionally found resources like agriculture and fisheries. It generates a high income for families who live on it. Palm development cooperative societies produce Palmyrah bottled toddy which can contribute much to the economic development of Sri Lanka. There have been several complaints made by public with respect to adulterated toddy types which are in the market with low cost as artificial toddy. It can be made easily by the fermentation of sugar and starch solutions (Ramanah et al., 2018). Thus, toddy has to be ensured whether it is pure or artificial and it is a big challenge as sweet sap and added sugar both contain sucrose which undergoes natural fermentation. Therefore, this research has been undertaken to develop a suitable method for the determination of authenticity of Palmyrah toddy to identify the quality of toddy samples which are obtained from Palmyrah trees and also to prevent artificial forms of toddy entering to the market.

# MATERIALS AND METHODS

# **Location of research**

This research work was carried out in the Analytical Laboratory at Palmyah Research Institute, Jaffna.

#### Sampling method

Genuine fresh and bottled Palmyrah toddy samples were received from different Palm Development Co-operative Societies in the Northern Province, Sri Lanka, Suspicious toddy samples were collected from the market, while artificial toddy samples were prepared in the analytical laboratory at Palmyrah Research Institute. Toddy samples were categorized into five different groups:

G1: Fresh toddy samples directly received from palm tappers designated (n=30)

G2: Genuine bottled toddy collected from Palm Development Co-operative Societies designated (n=30)

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A1: Suspicious toddy samples collected from market designated (n=30)

A2: Artificial toddy samples prepared using sugar solutions sin the Analytical laboratory designated (n=10)

A3: Artificial toddy samples prepared using cooked rice samples in the Analytical laboratory designated (n=10).

#### Fermentation procedure

Method of preparation of artificial toddy using sugar solutions

50.0 mL of toddy inoculum, 0.5 g NPK as nutrient and 0.5 g antibacterial agent ( $Na_2S_2O_5$ ) were added to the 16% 1000.0 mL sugar solution. Alcohol content was monitored every day until it researched the maximum. On the 9<sup>th</sup> day, the maximum alcohol content was obtained and on that day chemical tests were carried out.

Method of preparation of artificial toddy using cooked rice

Commercial yeast (1.0 g), NPK (0.5 g) as nutrient, antibacterial agent (Na $_2$ S $_2$ O $_5$ , 0.5 g) and cooked rice (100.0 g) were added to the 1000.0 mL of water in a 2.5 L conical flask and the alcohol content was monitored every day to obtain the maximum value. As on the 7th day, maximum alcohol content was obtained, chemical tests were carried out.

Quantitative analysis of toddy samples

Total soluble solids (TSS) in the toddy samples were determined directly using Refractometer at ambient temperature and expressed values in Brix as described by Tharmaratnam *et al.*,(2018). Acidity was determined using the SLS: 729:1985 as described (Xia *et al.*, 2011). Conductivity measurements of toddy samples were carried out with the conductivity meter at ambient temperature as described by Carreon-Alvarez *et al.*, (2016). Alcohol content was determined directly using Ebulliometer Dujardin-Salleron for each toddy sample at ambient temperature (30 °C) as reported (Xia *et al.*, 2011). Turbidity

of the samples was measured using the turbidity meter at ambient temperature (Niu et al., 2010). The total phenolic content was determined as described by Xia (2011) using Folin-Ciocalteu reagent. Yeast cells of toddy samples were counted using hemocytometer and cells were observed in high magnification as described by Jayathilake et al., (1999). Sulfated ash content was determined by pipetting out 10.00 mL of toddy sample into a silica crucible and igniting in an electric furnace until the sample got charred. Then 1.00 mL of H<sub>2</sub>SO<sub>4</sub>, was added and heated gently until the white fumes were no longer evolved and ignited at 500  $^{\circ}\text{C} \pm 25$   $^{\circ}\text{C}.$  The crucible was allowed to cool, few drops of H<sub>2</sub>SO<sub>4</sub> were added to the sample and heated, and crucible was placed in the muffle furnace. After the ignition, the sample was allowed to cool and then weighed. This was repeated until the sample reached a constant weight as described earlier (Ramanah et al., 2018).

Further, different mixtures of genuine and artificial toddy samples (A2) were prepared and sulfated ash content was measured (Table 1).

## Qualitative analysis of the toddy samples

Chloral hydrate test

Chloral hydrate was tested as described in the IS 8538:2004. A toddy sample (2.0 mL) was taken into a test tube. Freshly distilled pyridine (5.0 mL) and 3.0 mL of sodium hydroxide were added and mixed the contents thoroughly. The test tube was kept in the boiling water bath for 5 to 6 min. The presence of chloral hydrate was indicated by pyridine layer turning pink.

Paraldehyde test

Paraldehyde was tested according to the method of IS 8538:2004. A toddy sample (25.0 mL) was taken in a test tube and distilled after adding 25.0 mL of the sulphuric acid. The distillate (22.5 mL) was collected in to a collection tube being cooled in ice. The Schiff's reagent (2.5 mL) was added and after 25 min, the violet colour against the control at 560 nm was recorded.

<b>Table 1:</b> Mixture % of genuine and artificial todd	y
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Sample No	Genuine toddy (%)	Artificial toddy (A2) (%)
1	100	0
2	90	10
3	80	20
4	70	30
5	60	40
6	50	50
7	40	60
8	30	70
9	20	80
10	10	90
11	0	100

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#### Starch test

A toddy sample (1.0 mL) was boiled and cooled. Then 1.0 mL of an aqueous solution containing 0.2% Iodine and 0.4% Potassium Iodide (l<sub>2</sub>/KI reagent) was added. The colour development was compared using an analytical grade starch as the control as described by Cochran et al., (2008).

## Statistical analysis

The data were statistically analyzed using Minitab 13 software at 95% confidence interval and reported as mean  $\pm$  SD. The differences among the experimental groups were identified by one-way analysis of variance (ANOVA) using Duncan's multiple range test. The statistical significance was considered at P<0.05. All experiments were repeated at least three times.

#### RESULTS AND DISCUSSION

In order to identify the authenticity of Palmyrah toddy using qualitative and quantitative analysis of alcohol content, acidity, Brix, sulfated ash, turbidity, conductivity, yeast count, chloral hydrate, paraldehyde and starch were analyzed and the results are reported here.

#### Quantitative analysis

In the present study, Figure 1 indicates the °Brix, acidity and conductivity of toddy samples. Brix value is usually employed to determine sugar content. This parameter varied from 6.18 to 6.52. Acidity and conductivity were found in the range of 0.54% - 0.65% and 2.25  $\mu S/m$  - 2.58  $\mu S/m$ respectively. According to the ANOVA test results, P value is greater than 0.05 for all parameters. As natural toddy is of high cost in the market, toddy makers produce artificial toddy using water, alcohol, starch, sugar and commercial yeast and release to the market with low cost. After dilution of the toddy with water, parameters such as Brix, acidity and conductivity are adjusted by adding adulterants to obtain the desired toddy by toddy makers. That's why the results indicate that the 'Brix, acidity and conductivity of the different toddy samples were not significantly different from each other.

The quantitative test results of alcohol, turbidity and yeast cells are reported in Figure 2. Artificial toddy samples are having higher alcohol content (5.5 - 6.2 % v/v), turbidity (2025-2511 NTU) and yeast cells count (20.8 x  $10^6 - 25.2 \times 10^6$  cells/mL) than the genuine Palmyrah toddy samples (3.9- 4.2 % v/v), (798 - 1023 NTU) and (15.9 x  $10^6$  - 16.5 x  $10^6$  cells/mL) respectively. The ANOVA test results showed that the P-values are less than 0.05 for above parameters, indicating that the alcohol, turbidity and yeast cells of the different toddy samples were significantly different from one another. In pair wise comparisons, there was a significant difference between (G1-G2) and (A1-A3), while there was no significant difference inside the groups. This difference can be raised while using commercial yeast and starch to produce the adulterated toddy to reach the higher alcohol strength to create the demand in the toddy market by the toddy makers.

Total phenol content of toddy samples were analyzed using colorimetric analysis using Folin - Ciocalteu reagent . Absorbance was measured at 745 nm. It was expressed as Gallic acid equivalents. Total phenol content of genuine toddy samples were in the range of 815.9-861.8 ppm while artificial toddy samples were 388.2-412.6 ppm. Nearly 50% lower total phenol content in artificial toddy than in genuine toddy (Figure 3). The ANOVA test showed that the P-value is less than 0.05, which indicates that different toddy samples were significantly different from each other. In pair wise comparisons, there was a significant difference between (G1-G2) and (A1-A3), while there was no significant difference inside the groups. Similar results were obtained in the research on total phenol content of toddy as a tool of checking adulteration for coconut toddy samples (Udeshini & Seneviratne; 2014).

Sulfated ash contents of genuine Palmyrah toddy samples were found in the range of 0.45 to 0.52 g/100 mL and artificial toddy showed the range from 0.05 to 0.10 g/100 mL (Figure 4). Sulfated ash content of artificial toddy

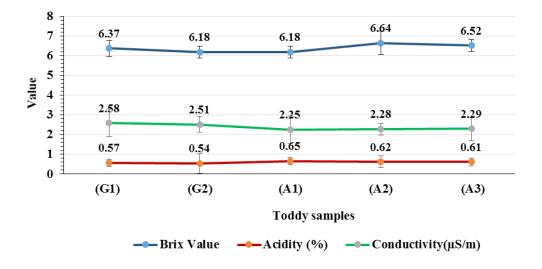


Figure 1: °Brix, acidity and conductivity in Toddy samples.

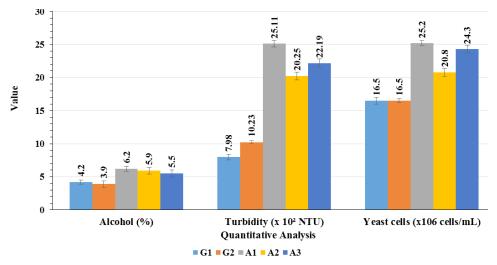


Figure 2: Alcohol content, turbidity and yeast count in toddy samples.

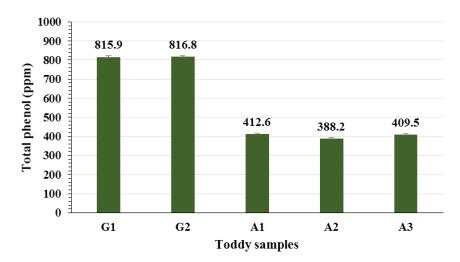


Figure 3: Total phenol content in toddy samples.

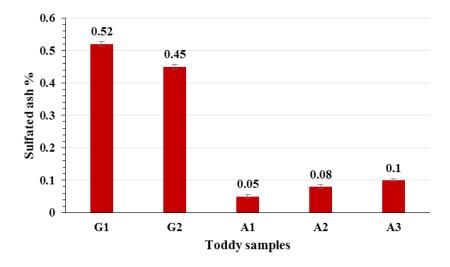


Figure 4: Sulfated ash content in toddy samples.

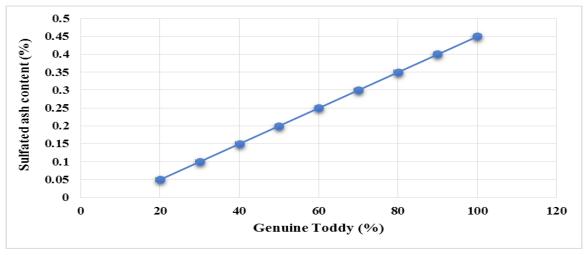


Figure 5: Genuine toddy (%) in mixtures of genuine and artificial toddy and their sulfated ash contents (%).

Table 2: Test results for the presence of chloral hydrate in toddy samples

<b>Toddy samples</b>	Observation	Results
G1	Pink layer was not observed	Absent
G2	Pink layer was not observed	Absent
A1	Pink layer was observed	Present
A2	Pink layer was not observed	Absent
A3	Pink layer was not observed	Absent

Table 3: Test results for the presence of starch in toddy samples

<b>Toddy samples</b>	Observation	Results
G1	No color appeared	Absent
G2	No color appeared	Absent
A1	Blue color appeared	Present
A2	No color appeared	Absent
A3	Blue color appeared	Present

Table 4: Test for the presence of paraldehyde in toddy samples

Toddy samples	Observation	Results
G1	No color appeared	Absent
G2	No color appeared	Absent
A1	No color appeared	Absent
A2	No color appeared	Absent
A3	No color appeared	Absent

was significantly low. According to ANOVA test, P-value is less than 0.05, which indicates that different toddy samples were significantly different from one another. In pair wise comparisons, there was a significant difference between (G1-G2) and (A1-A3) while there was no significant difference inside the groups. Similar results were obtained by in the research on authenticity testing of coconut toddy samples (palm wine) using sulfated ash content (Ramanah, et al., 2018). This shows that the mineral components are in greater abundance in genuine toddy than artificial toddy.

Figure 5, illustrates the relationship between the genuine Palmyrah toddy % in mixtures of genuine and artificial toddy prepared and sulfated ash contents at ambient temperature. Plotting the values of genuine

toddy % in mixtures against sulfated ash content % of the mixtures gives linear relations. It indicates clearly the possible influence of mineral components of toddy on its genuine toddy %.

# Qualitative analysis

Chloral hydrate, paraldehyde and starch were analyzed in each toddy sample (Tables 2-4). Palmyrah toddy (G1 and G2) is a natural drink which doesn't contain starch and other chemical substances. Therefore, they showed negative results for chloral hydrate and starch tests. But A1 sample contained chloral hydrate, while A1 and A3 showed positive results for starch. The reason must be the use of starch solutions in the preparation of artificial toddy

and adulterated with chemical substances, such as chloral hydrate. Using these substances, it is easy to increase the consumer demand of the toddy and to make more profit. Thus, the A1 became positive for starch and chloral hydrate tests. Also A3 might be prepared by diluting the genuine Palmyrah toddy with adulterated with chloral hydrate. Therefore, it showed positive result only for chloral hydrate test and all toddy samples showed negative result for the presence of paraldehyde because Palmyrah genuine toddy never contains paraldehyde substance and artificial toddy producers might not use this substance in the toddy production.

### **CONCLUSIONS**

Palmyrah toddy is a well-known alcoholic drink since ancient times in Sri Lanka. It is traditionally prepared by the fermentation of sweet sap from young inflorescence of Palmyrah tree (Borassus flabellifer). As it has a high demand in the market, toddy makers are producing adulterated toddy using water, alcohol, starch, sugar and commercial yeast and release in the market with low cost. Hence, the challenge was taken to identify the authenticity of Palmyrah toddy using qualitative and quantitative analysis. The qualitative tests indicate that Chloral hydrate and starch were present in the adulterated toddy collected from market. Further, artificial toddy samples have higher alcohol content, turbidity and yeast counts than the genuine toddy samples, while there is no significant difference between genuine and artificial toddy in °Brix, acidity and conductivity. Sulfated ash contents of genuine toddy samples were found to be in the range of 0.45 to 0.52 g/100mL and artificial toddy showed the range from 0.05 to 0.10 g/100 mL. Results indicate that total phenol, sulfated ash and qualitative tests are the most reliable tests while alcohol contents, turbidity and yeast cells are the least reliable tests when distinguish authentic Palmyah toddy from adulterated toddy samples.

#### **ACKNOWLEDGEMENTS**

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# **DECLARATION OF CONFLICT OF INTEREST**

The authors declare no competing interests.

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